

DIVING DEEPER WITH DR. DEAN

Nov. 1, 2022 / Vol 15

Ylang Ylang Essential Oil

Free Upgrade!

Now is the time to schedule yourself and a friend the Deluxe Dual Ionic Foot Soaks and only pay the price of the regular soaks. This is a \$30 savings that includes almost twice the soak time as well as an automated foot massage!

Offer is good now thru Thanksgiving.

This oil has popped up on numerous occasions for a handful of different clients recently. It amazes me that you can have entirely different people with random ailments and yet this oil seems so diverse in its wide ranges of benefits that it covers them both!

Ylang Ylang has properties that makes it helpful as an antidepressant & a sedative. Its primary uses help with high blood pressure, mental fatigue, relaxing, dealing with stress and tension. Creating a sense of calm while enhancing alertness.

Emotionally it helps to harmonize the body's energy, balances the equilibrium, helps with frustration, bringing emotional balance. When applied to the thymus it helps stimulate the immune system.

It can help balance hormonal systems and influences sexual energy, enhancing relationships.

Upcoming Class -

Mark your calendar for next Saturday (Nov 12) morning from 9am to 11am. We will be discussing what to have on hand and do during cold and flu season. This will be combined with a "try it before you buy it" sampling of different ways to mineralize the body! Cost \$60 Please RSVP to reserve your spot as space is limited!

Call or text 616-570-8886



WELLNESS
body to soul

Gift Certificates Available

Liver Love & Support

For those of you who may have been interested in the Liver & Gallbladder Cleansing class and weren't able to come... I am still selling my informational packet for \$30.

This includes

- signs of congestion
- How liver/gallbladder stones can affect other organs and areas of the body
- Why cleanse?
- Detailed instructions on how to do the cleanse
- Access to the Facebook group where we can support each other and ask questions

Let's Chat

Other ways to love on our livers

Liver Loving Herbals (teas or tincture form)

- Dandelion
- Hydrangea
- Milk Thistle

Drinking lemon juice in water first thing in the morning as well as making sure you're drinking proper amounts of water throughout the day.



Located @ 185 44th St. Suite E in Grandville

www.WellnessBodytoSoul.com